

DAVE STARK MASTERCLASS

3A / 5A / 7A sticking

DAVE STARK

www.davestarkdrumminglab.com

- Relaxation is key - TENSION is your enemy'
- Posture & Breathing are important (Don't hold your breath)
- Play in one direction DOWN - Let the stick work for you

3A

RLL RLL RLL RLL RLL RLL

OR

LRR LRR LRR LRR LRR LRR

5A

RLLRR LRRLR RLLRR LRRLR

7A

RLLRRLR RLLRRLR RLLRRLR RLLRRLR

OR

LRRLRR LRRLRR LRRLRR LRRLRR

EXAMPLE 3-5-3-5

R L L R L L R R L R R L R R L L

4/4