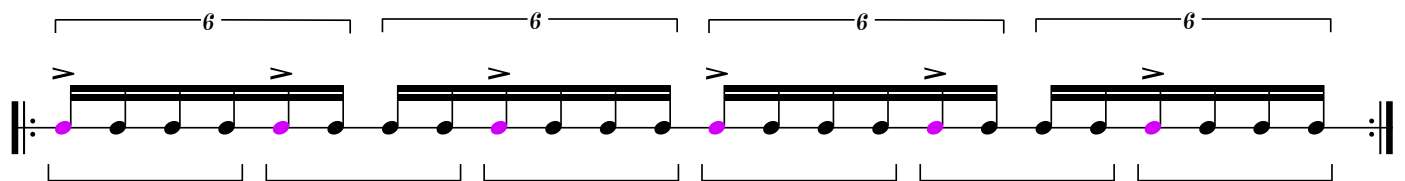
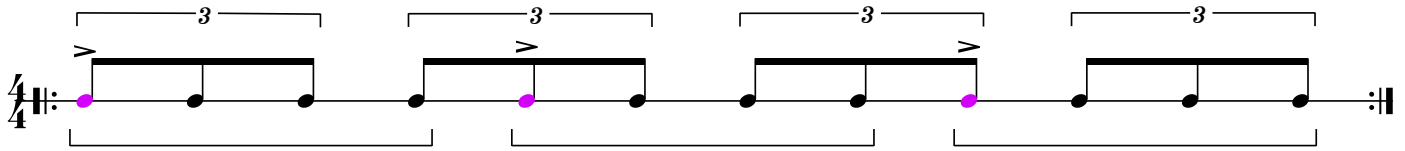


FOUR INTO THREE TRIPLET FILLS

4 Over 3 Poly Rhythms

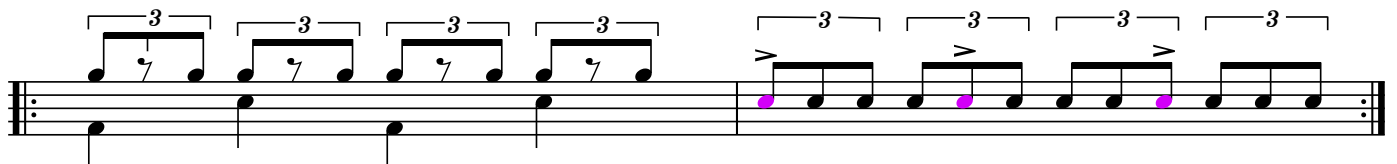
Guy Gelson
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R L R L R L R L R L R L R L R L R L R L
 R R L L R R L L R R L L R R L L R R L L R R L L
 R L R R L R L L R L R R L R L L R L R R L R L L
 R L R F R L R F R L R F R L R F R L R F R L R F
 R L F F R L F F R L F F R L F F R L F F R L F F

- ADD FLAMS TO BEGINNING OF 4 NOTE PATTERNS
- COMBINE DIFFERENT PATTERNS TOGETHER

bpm = 110-175



bpm = 65-100

