

CREATIVE FILL IDEAS

4's IN TRIPLETS

Create new ideas using even phrasing in odd groups of notes

Play 16th note triplets, accenting every 4th note to create an exciting syncopation known as a 4 over 3 poly rhythm.

There will be 6 groups of 4 notes within a 4/4 measure of 16th note triplets

Musical notation for a 4/4 measure of 16th note triplets. The notation shows six groups of four notes, each group starting with an accent (>) and a '6' above it. The notes are grouped by brackets below the staff.

R L R L R L R L R L R L R L R L R L

Play a beat for one bar and then fill for one bar, playing the groups of 4 notes and accent on the 3rd and 4th note across your snare and toms.

Musical notation for a 4/4 measure. The first bar contains a beat of 16th notes. The second bar contains a fill of 16th note triplets, with accents (>) on the 3rd and 4th notes of each group. The notes are grouped by brackets below the staff.

R L R L R L R L R L R L R L R L R L R L R L

Play a beat again and this time the fill will be...RIGHT - LEFT - RIGHT - FOOT

Musical notation for a 4/4 measure. The first bar contains a beat of 16th notes. The second bar contains a fill of 16th note triplets, with accents (>) on the 3rd and 4th notes of each group. The notes are grouped by brackets below the staff.

R L R F R L R F R L R F R L R F R L R F R L R F